

TTT Lectures & Workshops for Winter/Spring 2014

Dorothy Armstrong Occupational Therapist, Yvonne O' Neill, Play Therapist

January

Transitioning to Secondary School for Children with Special Needs

Dorothy Armstrong, Occupational Therapist

7pm Thursday 23rd January Leixlip Library

7pm Thursday 30th January Naas Library

Description:

Helping primary school children with issues such as Dyspraxia, Aspergers, ADHD / ADD prepare to transition to secondary school.

Dorothy Armstrong will host an evening that is aimed at parents, teachers and those who work with this population. It will cover the following issues:

- Helping the child prepare for the transition
- Orientating the child to the new school environment and routines
- Strategies to promote inclusion once they are there

Dorothy is an Occupational Therapist with a private practice in Maynooth. She has both a degree and a Masters and is currently studying towards a PhD in the area of dyspraxia. She is also a lecturer in occupational therapy at the National University of Galway.

February

Study Skills for Teens with Dyslexia

Dorothy Armstrong, Occupational Therapist

7pm Thursday 6th February ,Kildare Library

7pm Thursday 13th February Leixlip Library

7pm Thursday 27th February Naas Library

Dorothy Armstrong will host an evening that is aimed at parents, teachers and the teenagers themselves. It will cover the following issues:

- Understanding how dyslexia can impact studying
- Preparing to study
- Using your own learning style
- How to read to understand
- How to take notes
- Memory strategies

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area of dyspraxia. She is also a lecturer in occupational therapy at the National University of Galway.

Anxiety in Children and the WOW Programme

Yvonne O' Neill and Gayle Kearney, Play Therapists

7pm Thursday 6th February Leixlip Library

What is anxiety? How does anxiety affect children?

This lecture will examine some strategies that can be used by parents/carers to help them to recognise the signs and be able to co-regulate the child in the moment . Yvonne O'Neill and Gayle Kearney are both Play therapists who will also talk about the " WOW"- Wipe Out Worries, 10 week group programme" that is run by both play therapists in the community in response to the growing number of anxious children.

March

Transitioning to Primary School for Children with Special Needs

Dorothy Armstrong, Occupational Therapist

7pm Thursday 6th March Leixlip Library

7pm Thursday 13th March Naas Library

Dorothy Armstrong will host an evening that is aimed at parents, teachers and those who work with this population. It will cover the following issues:

- What skills does your child need before going into primary school
- Helping the child prepare for primary school
- Orientating the child to the new school environment and routines
- Strategies to promote inclusion once they are there

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All workshops and talks are free of charge and open to everyone.

Please contact the library in advance to book your place.

Naas Library : naaslib@kildarecoco.ie Ph: 045 879111

Leixlip Library: leixlip@kildarecoco.ie Ph: 01 6060050

Kildare Library: kildarelib@kildarecoco.ie Ph: 045 530626